



September Breakfast and Snack Menu 2017



Week 1

Week 2

Week 3

Week 4

Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					1 Granola & Yogurt Dish Fresh Berries <u>or</u> Applesauce Milk Corn Muffin with Honey Milk
Week 2	Closed for Labor Day!	5 Farmer's Egg Bake Whole Grain Toast with Butter Applesauce Milk Celery and Carrot Sticks with Ranch Snack Crackers	6 Cinnamon Raisin Bread Banana Milk Hard Boiled Egg Orange Wedges	7 Cornbread with Honey Orange Wedges Inf Opt: Apricots Milk Bagels with Cream Cheese Banana	8 Corn Flakes Fresh Berries <u>or</u> Peaches Milk Animal Crackers Cheese Sticks
Week 3	11 Whole Grain Quaker Oatmeal Orange Wedges Inf Opt: Plums Milk Honey Graham Crackers Milk	12 Whole Grain French Toast with Syrup Applesauce Milk Banana Animal Crackers	13 Granola & Yogurt Dish Fresh Berries <u>or</u> Banana Milk Bagels with Peanut Butter Milk	14 Whole Grain English Muffin with Peanut Butter Banana Milk Saltine Crackers Sliced Cheese	15 Whole Grain Toasted Oats Cereal Fresh Fruit Wedges <u>or</u> Apricots Milk Pretzels Apple Wedges
Week 4	18 Whole Grain Toast with Butter Orange Wedges Inf Opt: Peaches Milk Pretzels Cheese Dip	19 Toasted Whole Grain English Muffin with Jelly Banana Milk Apples and Yogurt	20 Muffins Fresh Fruit Wedges <u>or</u> Apricots Milk Pumpkin Bars and Milk	21 Malt-O-Meal Whole Grain Toast with Butter Fresh Berries <u>or</u> Applesauce Milk Snack Crackers Cheese Slices	22 Crisp Rice Cereal Bananas Milk Blueberry Muffin Milk
Week 5	25 Bagels with Cream Cheese Apple Wedges Inf Opt: Applesauce Milk Whole Grain English Muffin with Jelly Milk	26 Whole Grain Toast with Jelly Fresh Fruit Wedges <u>or</u> Oranges Inf Opt: Peaches Milk Apples Cheese Slices	27 Granola & Yogurt Dish Diced Peaches Milk Seasoned Oyster Crackers Orange Wedges	28 Banana Bread Orange Wedges Inf Opt: Pears Milk Animal Crackers Celery & Carrot Sticks with Ranch	29 Corn Muffin with Honey Applesauce Milk Whole Grain Jelly Sandwiches Milk