



October Lunch Menu ~2018~

When Milk is served, whole milk is served to 1-2 year olds, skim milk is served to 2 year and up. All milks are unflavored
This institution is an Equal Opportunity Provider.



Week 4

Week 5

Week 6

Week 1

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Sloppy Joes on a Bun Baked Beans Pineapple Tidbits <i>Inf Opt: Plums and Peas</i> Milk 	2 Meat & Cheese Sandwich on Whole Grain Bread Corn Orange Wedges <i>Inf Opt: Pears & Mashed Potatoes</i> Milk 	3 Tator Tot Hot Dish with Mixed Veggies and Meat Green Beans Diced Pears Whole Grain Bread Slice Milk 	4 Macaroni, Cheese, and Ham Hot Dish Coleslaw Mixed Fruit <i>Inf Opt: Banana & Squash</i> Milk 	5 Meat & Cheese Sandwiches on Whole Grain Bread Green Beans Applesauce Milk
8	Pigs in a Blanket with Ketchup Baked Beans Fresh Fruit or Mixed Fruit <i>Inf Opt: Peas & Apricots</i> Milk 	9 Spaghetti Hot Dish Green Beans Banana Milk	10 Meat Stroganoff w/ Egg Noodles Diced Beets Diced Pears Whole Grain Bread Slice Milk 	11 Chicken & Rice Goulash Corn <i>Inf Opt: Squash</i> Applesauce Whole Grain Bread Slice Milk	12 Tuna Cheese Casserole Sweet Peas Chilled Peaches Whole Grain Bread Slice Milk 
15	Scalloped Potatoes and Diced Meat Beets Mixed Fruit <i>Inf Opt: Apricots</i> Whole Grain Bread Slice Milk	16 Whole Grain Breaded Chicken Nuggets Mashed Potatoes with Butter Diced Peaches Whole Grain Bread Slice Milk 	17 Lazy Lasagna Diced Carrots Applesauce Whole Grain Bread Slice Milk	18 Beef & Bean Burrito w/ Cheese on a flour tortilla Steamed Broccoli Orange Wedges <i>Inf Opt: Plums & Squash</i> Whole Grain Bread Slice Milk 	19 Cheese Pizza on a Whole Grain English Muffin Sweet Peas Pears Milk
22	Corn Dogs with Ketchup Baked Beans <i>Inf Opt: Peas</i> Diced Pears Milk 	23 Tator Tot Hot Dish with Mixed Veggies and Meat Green Beans Diced Peaches Whole Grain Bread Slice Milk	24 Pizza Hot Dish Baked Beans Mixed Fruit <i>Inf Opt: Squash & Pears</i> Whole Grain Bread Slice Milk	25 Chicken Alfredo on Noodles Corn <i>Inf Opt: Sweet Potato</i> Banana Whole Grain Bread Slice Milk 	26 Whole Grain Rainbow Trout Treasures Mashed Potatoes Diced Peaches Whole Grain Bread Slice Milk
29	BBQ Sandwich on a Bun Green Beans Mixed Fruit <i>Inf Opt: Applesauce</i> Milk 	30 Cheesy Chicken, Broccoli, & Rice Hot Dish Corn Apple Slices <i>Inf Opt: Peaches & Squash</i> Whole Grain Bread Slice Milk	31 Meat & Cheese Casserole Peas Pineapple Tidbits <i>Inf Opt: Plums</i> Whole Grain Bread Slice Milk 	Trick-or-Treating at Kids Korner is Wednesday, October 31 from 3:00-5:00 PM 	