



# October Breakfast & Snack Menu ~2018~



\*When Milk is served, whole milk is served to 1-2 year olds, skim milk is served to 2 year and up. All milks are unflavored\*  
This institution is an Equal Opportunity Provider.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 4</b>	1 Whole Grain Toast with Butter Orange Wedges <i>Inf Opt: Peaches</i> Milk  Pretzels Milk	2 Toasted Whole Grain English Muffin with Jelly Banana Milk  Yogurt Apple Slices	3 Bagels with Cream Cheese Bananas Milk  Animal Crackers Milk	4 Whole Grain Toast with Butter Applesauce Milk  Snack Crackers Cheese Slices	5 Crisp Rice Cereal Bananas Milk  Blueberry Muffin Milk
<b>Week 5</b>	8 Bagels with Cream Cheese Apple Slices <i>Inf Opt: Applesauce</i> Milk  Whole Grain English Muffin with Jelly Milk	9 Whole Grain Toast with Jelly Fresh Fruit <u>or</u> Orange Wedges <i>Inf Opt: Peaches</i> Milk  Cheese Slice Apple Slices	10 Granola & Yogurt Dish Diced Peaches Milk  Seasoned Oyster Crackers Orange Wedges	11 Whole Grain English Muffin with Jelly Orange Wedges <i>Inf Opt: Pears</i> Milk  Animal Crackers Banana	12 Whole Grain Pooh Bread Applesauce/Apple Milk  Whole Grain Jelly Sandwich Milk
<b>Week 6</b>	15 Whole Grain Toast with Jelly Orange Wedges <i>Inf Opt: Plums</i> Milk  Seasoned Oyster Crackers Apple Slices	16 Whole Grain English Muffin with Jelly Applesauce Milk  Pretzels Milk	17 Cinnamon Raisin Toast Banana Milk  Honey Graham Crackers Milk	18 Crisp Rice Cereal Apple Slices <i>Inf Opt: Apricots</i> Milk  Peanut Butter OR Jelly Whole Grain Sandwich Banana	19 Whole Grain Wheat Flakes Cereal Applesauce Milk  Snack Crackers Apple Slices
<b>Week 1</b>	22 Corn Flakes Apple Slices <i>Inf Opt: Plums</i> Milk  Cinnamon Raisin Bread Orange Wedges	23 Pancakes with Syrup Orange Wedges <i>Inf Opt: Apricots</i> Milk  Snack Crackers Sliced Cheese	24 Blueberry Muffin Banana Milk  Animal Crackers Milk	25 Whole Grain Toast with Jelly Apple Slices <i>Inf Opt: Peaches</i> Milk  Bagels with Cream Cheese Fresh Fruit/Seasonal Fruit	26 Cereal Fresh Berries <u>or</u> Applesauce Milk  Pooh Bread Milk
<b>Week 2</b>	29 Whole Grain English Muffin with Jelly Orange Wedges <i>Inf Opt: Pears</i> Milk  Whole Grain Pooh Bread Apple Slices	30 Cornbread with Honey Applesauce Milk  Snack Crackers Cheese Slices	31 Cinnamon Raisin Bread Banana Milk  Hard Boiled Egg Orange Wedges	Trick-or-Treating at Kids Korner is Wednesday, October 31 from 3:00-5:00 PM	

